

STUDENT FEEDBACK

This is what students are saying about the Shiatsu Master Course:

“A natural continuation from the Diploma Course. I couldn't even think about NOT doing it.”

Simo Martin, Helsinki

“Goes a lot deeper than the Diploma- you get a lot of new tools to use”

Antti Tassberg, Helsinki

“This course has changed my whole life: I can't find the words to express how much.”

Maria Lehtonen, Riihimäki

INFORMATION



044 545 6785



john.lewis@shiatsu.fi

COURSE DATES

The timetable for the 2008-2009 year of study is:

HELSINKI WEEKENDS Sat 9-17, Sun 9-15
Zen Center, Kalevankatu 4, 2nd floor

20-21.9, 18-19.10, 22-23.11 JA 13-14.12.2008
24-25.1, 21-22.2, 21-22.3 JA 9-10.5.2009

RESIDENTIAL COURSE (about 30 study hours)
Granholmen, Taalintehdas

11-14.6.2009

REGISTRATION

If you would like to register for this programme, please pay the fee for the first weekend (100€) **before 1.8.2008** to: John Lewis NORDEA 114535-35124 and mark the payment: **MASTER 08-09**

Study fees for the **HELSINKI WEEKENDS** are 100€/per weekend, inclusive of all material in English or Finnish

Study fees for the **RESIDENTIAL COURSE** are 200€

TOTAL STUDY FEES FOR THE YEAR: 1,000€

DISCOUNTS

This year, the following discount is available:

20% DISCOUNT: Full payment of fees when you begin the course: You pay 800€ instead of 1,000€

Please contact John for details.

NOTE: food and accommodation fee of 60€ for residential course is not included in these figures

SUOMEN SHIATSUKOULU



SHIATSU MASTER COURSE 2008-2009



MASTERING THE ART OF HEALING

Continuing on from the Diploma Course, this 2-year study programme covers a wide range of subjects, with the aim of helping you to master the art of healing.

Healing is not just about techniques, but is really the ability to project your healing chi into the patient.

With the wide range of skills, insights and information you will receive from this programme, your ability to help sick and unhappy people will be dramatically improved.

THE PROGRAMME

The Shiatsu Master Course comprises 2 years of study, with 8 weekends per year at our school in Helsinki from September to April, plus a 4-day residential programme on Gränholmen island in the archipelago during June of both the first and second years.

This year, the Master Course programme will be translated simultaneously into Finnish, and the Course material will be available in Finnish for the first time. The total study time is about 280 hours. The curriculum for the course is as follows:

HEALTH PROBLEMS

Cancer
STD
Multiple Sclerosis
Eating Disorders
Menstrual problems
Allergies
Candidiasis
Seasonal affective disorder
Blood pressure problems
Endometriosis
Heavy metal toxicity
Menopause problems
Sexual vitality probs.

BODY SYSTEMS

The Glandular system
The Immune system
The Nervous system
The Digestive system
The Respiratory system
The Circulatory system

EMPOWERMENT PRACTICES

The Inner Smile
The Microcosmic Orbit
Fusion of the 5 elements
Bone Marrow Washing
The Heart Sutra
Medicine Buddha ritual
Chanting and Mudra
Awaken life direction
Kahuna practices

DIAGNOSIS

Applied Kinesiology
Pendulum diagnosis
Nail diagnosis
Tongue diagnosis
Pulse diagnosis
Hatsu-So
Organ Scanning
Vibrational diagnosis

SPECIAL TECHNIQUES

Brain integration
Sotai exercises
Deep muscle work
Joint manipulation

NUTRITION

Food as Medicine
Feeding the 5 elements
Nutritional science
Healing with *Sunrider herbs*

CHI NEI TSANG TECHNIQUES

Opening the Gates
Chasing the Winds
Detoxing the organs
Detoxing the skin
Detoxing the intestines
Detoxing lymph system
Centreing the navel
Balancing the pulses
Blood flushing

IN-DEPTH STUDY AND PRACTICE

In addition, we study *Feng Shui* and *9 star Ki Astrology*, as well as keeping up to date with the latest developments in healing and health care issues.

Students are also required to write up 50 treatment reports. A practical and written examination, as well as a personal interview, are held at the end of the second year.

If you would like to join us on our next programme, which begins in September 2008, please contact us by phone or e-mail. See the registration section of this brochure for more details.

ACCELERATED LEARNING

We conduct our classes in an accelerated learning environment, with vapourised essential oils, soft music and incandescent lighting.

We keep you regularly supplied with *Sunrider, Qi* and *Four Winds herbal teas* to help nourish your brain and body, and make the learning experience informative and enjoyable.

The Master Course Manual, a 180-page document containing all the material covered, is available on CD free of charge to all Master Course students.